



Tony Steven



AUTHOR OF
**The Answer is You
Step Back**



SPEAKER
Conscious Living



CHARITY WALKING
Coolangatta to the Spit Annual Walk

MEDIA KIT

Tony Steven

Author · Speaker · Educator

“If the answer is you, then what is the question?”

The Answer is You: self-responsibility and emotional fitness



ABOUT TONY

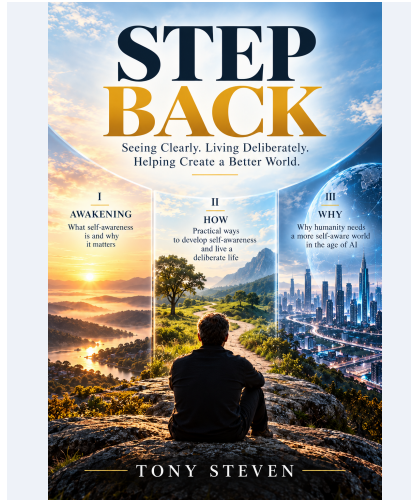
After nearly 30 years in the not-for-profit sector, ending as CEO of the Australian Medical Association in Tasmania, Tony Steven now helps people see life as it is and take control of it. Distinguished Toastmaster and Past President of AuSAE. Tony is also the founder of the annual Coolangatta to the Spit charity walk on the Gold Coast. Based in Hobart and on the Gold Coast.

Books & course



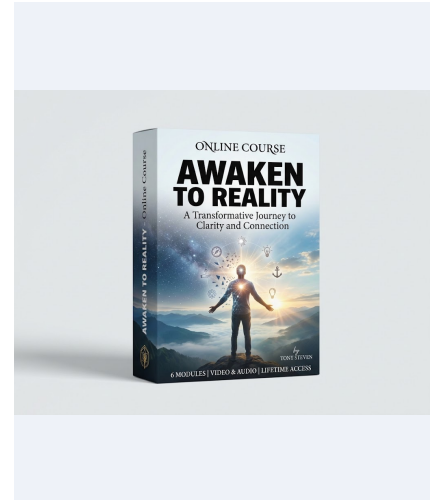
The Answer is You

A seven-step process and practical tools for self-responsibility, emotional fitness and purposeful decision making.



Step Back

Seeing clearly, living deliberately and helping create a better world, in three parts: awakening, how, and why.



Awaken to Reality

An online course that puts the ideas into practice. No fixing, no sales funnel: you discover your own strengths.

KEY MESSAGES

- 01** Self-responsibility is the competitive advantage.
- 04** Fear comes from primal instinct. Love fuels true consciousness.
- 02** Emotional fitness, not emotional motivation.
- 05** Start early: self-discipline young means a better chance of success.
- 03** No more blaming or being offended.
- 06** More self-responsibility means people can rely on each other more.

Interview with Tony

Who is Tony?

Hospitality, airlines, then association management and advocacy to government, including 10 years leading the AMA in Tasmania.

What feedback so far?

Just released, with positive early responses.

What is next?

Speaking, and more books, including Step Back.

Where did the book come from?

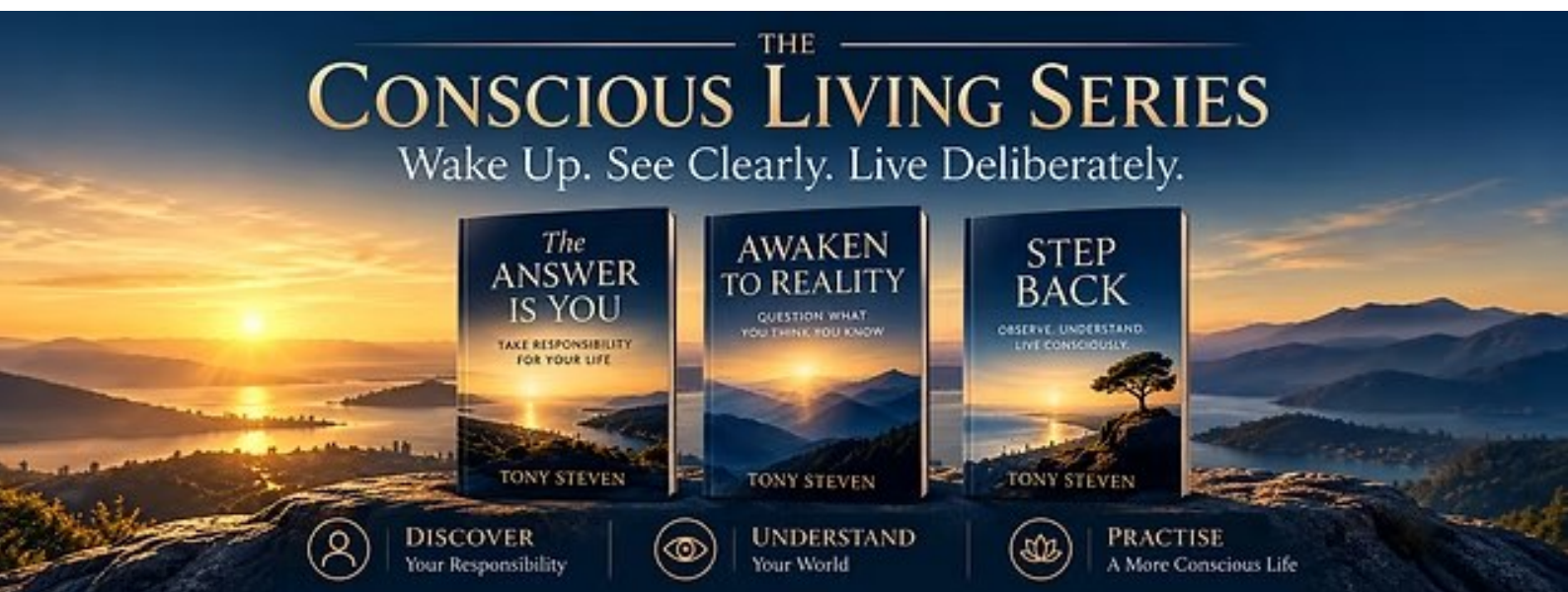
Personal growth from adversity.

Who is it for?

People searching for more in life, who need to recognise their ego and see there is more than entertainment.

What is the mission?

To help people break through emotional barriers and make self-responsibility the norm.



CONTACT

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